

Parfaits

Makes 12

Ingredients

Granola
3 C rolled oats
2 T light brown sugar
1 t cinnamon
1/4 t salt
1/4 C honey
1/4 C oil
1 t vanilla
Layering Ingredients
1/4 C honey
3 C greek yogurt, plain
1 T fruit jam
24 strawberries, fresh
48 blueberries
6 bananas, fresh

by [Taste Buds Kitchen](http://TasteBudsKitchen.com)
tastebudskitchen.com

Instructions

1. Preheat oven to 400 degrees.
2. Combine rolled oats, brown sugar, cinnamon, and salt in a bowl and stir to combine.
3. Place the honey, oil, and vanilla in a small bowl and stir to combine. Pour over the oat mixture and mix until the oats are thoroughly coated.
4. Spread the mixture in a thin, even layer on a baking sheet.
5. Bake for 7-10 minutes, stirring once.
6. While the granola is baking, chop banana and strawberry into slices - set aside.
7. Remove the granola from the oven. Stir and allow to cool on baking sheet.
8. Mix greek yogurt with fruit jam - set aside.
9. Review the layering pattern for the parfait and begin assembling: Granola - Yogurt - Banana - Strawberry/Blueberry - Honey.
10. Serve, Savor, Enjoy!